

DATES to Remember

Session 1 (6 class weeks): August 31-October 9 (we are planning on classes for Labor Day, considering most events are being cancelled)

Session 2 (6 class weeks): October 12-November 20

****Potential Rehearsal Week:** Nov. 29-Dec. 7

****Potential Show Dates:** Dec. 8-13

****We will NOT be working on the show until 1 month prior to show times, and only IF it looks like we can run a show. We will not make a final decision on the show until then.**

Social Dis-Dancing at Weehawken Studio Rules

*Please note- these rules will likely change and relax when we are given a more lenient set of guidelines from the state/counties

- ❑ ***Dancers and staff with medical conditions that place them at higher risk should not participate during this transition period.***
- ❑ **Masks/face coverings are required at all times inside the studio****Please note these were our mandates for the summer session. At this time Colorado is requiring masks at all times indoors for ages 10 and up. We are required to follow state mandates, regardless of personal opinions. We don't know when this will end, we do know we will follow state guidelines and have no intention of breaking state health guidelines. Please plan accordingly.
 - ❑ **They are required at this time, but not for the duration of class time.** Students are expected to wear masks **when entering and exiting the building AND when dancers are within 10 feet of each other or sharing air space** (as in across-the-floor exercises). Teachers will give plenty of breaks from masks including water breaks, outside of the building mask breaks, and when students are dancing in a single spot during class. For example, masks may be removed from faces (at the teacher's discretion) if every student is in their designated spot doing the same movement and are 10 feet away from each other at all times. **Be sure to have some kind of back of the head strap or the equivalent so the mask can hang on the neck and not set on the floor.** Masks that hang on the ears are not ideal for dance. **Click the link below into for additional ideas on masks for dancers:**
https://docs.google.com/document/d/1GlgNMcMSNpGDvfbZac0auicRaYULi_Mf1XlZ2700ArY/edit?usp=sharing
 - ❑ **A note on masks:** We are adjusting our class expectations to meet this requirement by county health and the task force on dancer health. We will closely monitor rules surrounding this and will adjust our expectations as our governing entities adjust theirs. Even with the end of state and county mandates, some teachers MAY REQUIRE your dancer to wear their mask for more of class than others. This has much to do with curriculum work, flow of class, aerobic activity within the class, student distance to other students and class size. **Your teacher will cue you when it's an appropriate time to remove your mask.** Do not remove masks without permission, unless it's medically necessary or urgent. Your teacher will let you know at the first class what their expectations are for mask-wearing during their class.
 - ❑ We also plan to let the kids have plenty of water breaks and some outside time mask-free, **so make sure to have street shoes that are easy to slip on and a water bottle with a lid** so we can take breaks easily and often.

- ❑ As mentioned in the email, if the mask is just not an option for your family, and you need to withdraw, please email Trisha programs@weehawkenarts.org
- ❑ **Please, No parents in the building:** Students 8 and older should plan to walk into the studio *without a parent*. Please-- help us keep the distancing by not entering unless needed. Children under 8 may be accompanied by a parent to assist with keeping them in their space, but must enter and exit in a mask. *Please discuss with your child your personal pick-up plan for your family (they may exit and walk to your car, or you can pop head in to ask for your child to come to the door)
- ❑ **Feeling Sick? Please, Don't come to class:** Students who feel sick (even a tiny bit) should not come to classes or rehearsals. Students who have a sick family member at home should not come to classes or rehearsals. *All classes will be on livestream so your dancer may participate from home instead. Details will be sent out after the first week of class.*
 - ❑ Here's the link to the CDC website with a list of symptoms: Click the link below <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
 - ❑ *If a dancer or Weehawken dance staff member has had COVID-19, they will need a clearance note from a doctor to return to class.*
 - ❑ *If a dancer or staff members suspects they may have been exposed to and may have contracted Covid-19, they may not return to class until 14 days have past of no more signs or symptoms.*
- ❑ **Temperature Checks:** Students' temperatures will be checked with a touch-free thermometer upon entering. Temps will be logged in our roll books by WCA staff. Parents accompanying young children will also have their temperature checked.
 - ❑ Temperature will be logged in the attendance book for reference for students, instructors and staff.
 - ❑ If temperature is > than 100.4 degrees Fahrenheit, the individual must go home, monitor symptoms, and is advised to contact a physician.
- ❑ **If a student, teacher or staff member starts to exhibit symptoms while at WCA, a staff member will:**
 - ❑ Stop class immediately. Students will wait in their spot in class and parents will be notified to pick up dancers.
 - ❑ Classes for the rest of the day and the next day will be cancelled and studios will be cleaned and disinfected 24 hours after the student, teacher or staff person has left the facility.
- ❑ **If a case of COVID-19 is confirmed:**
 - ❑ If a case of COVID-19 has been confirmed in your household, please contact Trish Oakland immediately. programs@weehawkenarts.org 970-318-0150
 - ❑ To protect patient privacy, contacts are only informed that they may have been exposed to a patient with the infection. They are not told the identity of the patient who may have exposed them per the CDC.
- ❑ **Hand Washing and Sanitizing Upon Entry:** Students need to sanitize hands upon entry and wash hands upon entering the classroom space (in Ridgway please go into the bathroom upon entry and wash your hands or use hand sanitizer upon entry) .

- ❑ **No Water Fountain use.** Bring your own water bottle with a lid and no sharing water bottles.
- ❑ **Social Distancing:** Students need to stay at least 6 feet away from other students. We have laid-out a grid pattern on our classroom floors for easy to understand boundaries. Follow the grid pattern in the studios and keep your distance upon entering the building.
 - ❑ During class time, dancers should maintain a distance of at least 6 feet apart, but preferably 10 feet apart if possible, as there is some research showing that the breath from exercise can carry the virus greater distances.
 - ❑ **No activities will be allowed that require direct or indirect contact including:** partnering, tactile cueing, direct floor work or touching the same equipment. These parameters will be lifted in accordance to the social distancing requirement.
 - ❑ **Props:** Props may be used and sanitized between use, and if possible, keep in a bag with student's name on it. No sharing props.
- ❑ **No Dressing Area:** We will have a small space in each studio for changing, but space is limited. If possible, PLEASE arrive ready. **Uniforms ARE required at this time.**
- ❑ **Don't bring anything extra:** Don't bring extra clothes, accessories. **Leave any bags outside of studio doors (In Montrose, the hallway. In Ridgway, the little studio).**
- ❑ **Important! Shoes:** **Dancers may not enter the studio dance space in the street shoes they arrive in. Street shoes are not dance shoes.** In order to keep the studio extra clean, do not dance in your street shoes. Keep your hip hop shoes clean and wear a different pair of shoes outside. **Weehawken will also not be loaning shoes at this time.** Please be responsible for your own shoes in your dance bag. **Also consider street shoes that are slip ons and not tie so it's easy for dancers to slip on their street shoes as they leave.**
- ❑ **Classroom Doors and Windows:** Teachers will be leaving doors open during class to help with outside air circulation. Fans will be used to help with air circulation as well.
- ❑ **Student Behavior:** Students not complying with new policy/protocol made available to parents prior to reopening, will be informed by an email sent to both the parents and teachers indicating the necessary adjustment(s) required for the student to return to class.
- ❑ **Arrive 5 minutes early, Be Timely at pick up:** Please arrive 5 minutes early (only 5 please), so we can get everyone ready for class and start on time. **We are asking parents to arrive on time or even a little early for pick up,** so we don't have students waiting when the next class arrives. Thank you for helping us limit student interactions!
- ❑ **Restroom Use:** In Montrose--Use Lobby restroom only. **No use of MRD locker rooms.** Please use the restroom at home before attending class. In Ridgway - use the public bathroom at the studio. Best practice is to use the restroom at home before attending class.
- ❑ **For students in back to back classes:** Please bring a book or small device to occupy yourself with between classes in your hallway square (in Ridgway, square in the small studio). We will be cleaning the studios and will not be able to occupy your dancer.

Studio specific entering and exiting/ the new plan for how you arrive and exit at each location and studio space:

- ❑ **Montrose Apex & Omni room studio:** Temperature taken at the hallway door and logged in attendance sheet. Hand sanitizer will also be available here before entering the building. **Enter the building through the hallway.** Put your dance bag and other items in your marked off 6ft. spot in the hallway. Wash hands upon entering the studio. Hand sanitizer and the sink with soap will be available through the duration of class. Hand sanitizer will be used frequently throughout class time. Exit through the classroom doors straight outside.
- ❑ **Montrose Summit Room:** Temperature taken at the door and logged in attendance sheet. Hand sanitizer will also be available here before entering the building. **Enter and Exit into doors directly leading into the summit room.** Put your dance bag and other items in your marked off 6ft. spot in the hallway. Wash hands upon entering the summit room. Hand sanitizer and the sink with soap will be available through the duration of class. Hand sanitizer will be used frequently throughout class time.
- ❑ **Ridgway Old School House:** Temperature taken at the front door and logged in attendance sheet. Hand sanitizer will also be available here before entering the building. **Walk directly to the restroom to wash hands, or walk hall to enter the small studio.** Hand Sanitizer will be available in the small studio as well. Put your dance bag and other items in your marked off 6ft. spot. Hand sanitizer will be used frequently throughout class time and students may leave class to wash their hands in the restroom if they prefer. **Exit through the classroom doors and the building at the end of class.**

Schedule Changes: How the schedule has changed to accommodate extra cleaning and distancing

- ❑ **Number of students per class:** A minimum of 1 student per 6ft square or following the public health guidelines, still leaving space for instructors.
- ❑ **Gap between classes for cleaning:** 15 minutes between each class for cleaning and disinfecting, based on the size of the class and equipment used.
- ❑ **Staggered Class Schedule:** Classes are now staggered between rooms so classes in separate spaces will not arrive or leave at the same time.